



# DOWNTOWN TORONTO DROP-IN RESOURCE

DROP-IN AGENCIES WITHIN 1.7KM OF YONGE & DUNDAS  
Winter/Spring 2019

## DROP-INS

- 1** CHURCH OF THE HOLY TRINITY  
19 TRINITY SQUARE
- 2** EVERGREEN CENTRE FOR STREET YOUTH: YONGE STREET MISSION  
381 YONGE ST.
- 3** COVENANT HOUSE TORONTO  
20 GERRARD ST. E.
- 4** GOOD SHEPHERD CENTRE  
412 QUEEN ST. E.
- 5** LAWYERS FEED THE HUNGRY  
130 QUEEN ST. W.
- 6** ADELAIDE RESOURCE CENTRE FOR WOMEN  
67 ADELAIDE ST. E.
- 7** ALL SAINTS' CHURCH COMMUNITY CENTRE  
315 DUNDAS ST. E.
- 8** ARTHEART  
585 DUNDAS ST. E.
- 9** FRED VICTOR: OPEN HOUSE DROP-IN  
145 QUEEN ST. E.
- 10** SALVATION ARMY GATEWAY  
107 JARVIS ST.
- 11** ST. JAMES CATHEDRAL  
65 CHURCH ST.
- 12** TORONTO COUNCIL FIRE NATIVE CULTURAL CENTRE  
439 DUNDAS ST. E.
- 13** 416 COMMUNITY SUPPORT FOR WOMEN  
416 DUNDAS ST. E.
- 14** THE 519  
519 CHURCH ST.
- 15** CRC (TORONTO CHRISTIAN RESOURCE CENTRE)  
40 OAK ST.
- 16** HAVEN TORONTO  
170 JARVIS ST.
- 17** MARGARET'S TORONTO EAST  
323 DUNDAS ST. E.
- 18** SANCTUARY MINISTRIES  
25 CHARLES ST. E.

## LEGEND

- Toronto Subway Access
- Yonge & Dundas Intersection

## LANDMARKS

- Toronto Coach Terminal
- St. James Park
- Toronto City Hall / Nathan Phillips Square
- University Ave. Courthouse
- St. Michael's Hospital
- Moss Park
- Allan Gardens
- George Hislop Park
- Queen's Park
- Barbara Hall Park
- Old City Hall

## SUPERVISED INJECTION SITES

- The Works  
277 Victoria Street  
Monday-Saturday, 10am-10pm  
Phone: 416-392-0520
- Fred Victor  
145 Queen Street  
Monday-Sunday, 6pm- 12am  
midnight  
Phone: 416-364-8228

**i** card not needed. Services available: wheelchair accessible, food, healthcare, ID clinic

**1** **CHURCH OF THE HOLY TRINITY**  
19 TRINITY SQUARE  
0.35KM  
Mon: 11:00am-3pm  
Tue-Fri: 11am-3pm  
Sun: 8am-1pm  
**FOOD (AS DONATIONS PERMIT)**  
Mon to Fri: 11am-3pm  
Sun: 8am-1pm  
Meals during drop-in hours  
**i** Youth 16-24 & their children

**2** **EVERGREEN CENTRE FOR STREET YOUTH: YONGE STREET MISSION**  
381 YONGE ST.  
0.35KM  
**HEALTHCARE**  
Mon to Fri: 12:30pm-4:30pm  
Nursery: 12:00pm-4:15pm  
Lunch: Daily 12pm-2pm  
\*From thanksgiving to Victoria Day

**3** **GOVERNMENT HOUSE TORONTO**  
20 GERRARD ST. E.  
0.45KM  
**HEALTHCARE**  
Mon to Fri: 8am-12pm & 1pm-3pm  
Thurs: 3:30pm-7pm  
PHONE: 416-204-7037  
**FOOD**  
Sun: 8am-1pm  
Mon to Fri: 11am-3pm  
**FOOD (AS DONATIONS PERMIT)**  
Mon to Fri: 11am-3pm  
Sun: 8am-1pm  
tea & coffee  
Sun: 8am light breakfast  
**i** Homeless memorial @ noon every second Tuesday of each month /lunch at 12:45pm.

**4** **GOOD SHEPHERD CENTRE**  
412 QUEEN ST. E.  
1.7KM  
**NEED TO KNOW NUMBERS**  
CENTRA: 1-866-866-9513  
TORONTO AREA: 416-864-5040  
POLICE, FIRE, MEDICAL: 911  
NON-EMERGENCY: 416-808-2222  
**ASSAULTED WOMEN'S HELPLINE**  
TOLL-FREE: 1-866-863-0511  
**DISTRESS CENTRES**  
PHONE: 416-408-HELP (4357)  
\*24-hour telephone support for emotional and suicide intervention/prevention  
**GERSTEIN CENTRE**  
PHONE: 416-929-5200  
\*24-hour, free, confidential, anonymous telephone counselling for youth

**5** **LAWYERS FEED THE HUNGRY**  
130 QUEEN ST. W.  
1KM  
**FOOD**  
Tue & Wed: 5pm  
Thu: 6:45am  
Sun: 10am  
PHONE: 416-947-3412

**6** **ADELAIDE RESOURCE CENTRE FOR WOMEN**  
67 ADELAIDE ST. E.  
0.85KM  
**HOURS OF OPERATION**  
Open 24/7  
**HEALTHCARE**  
Nurse: Mon to Thu 10am-3pm  
Street Health: Wed 5:30pm-7:30pm  
PHONE: 416-392-9243  
**FOOD**  
Breakfast: 9am  
Lunch: 12pm  
Dinner: 6pm  
**i** Women only, no children Health card not needed

**7** **ALL SAINTS' CHURCH COMMUNITY CENTRE**  
315 DUNDAS ST. E.  
0.85KM  
**DROP-IN HOURS**  
Mon Tue: 8am-3:45pm  
Wed: 10:30am-3:45pm  
Thu: 8am-3:45pm (1:30-3:30 women's group)  
Fri: 8am-11:30am (female sex workers only)  
**FOOD**  
Meals during drop in hours

**8** **ARTHEART COMMUNITY ART CENTRE**  
585 DUNDAS ST. E. STUDIO 210  
1.5KM  
**HOURS OF OPERATION**  
Mon: 10am-1pm (Adults age 55+)  
Wed: 5:30pm-8:30pm (Adult art drop-in program)  
Tue to Thu: 3:30pm-5pm (Children's art drop-in program)  
**FOOD**  
Snacks and drinks for those making art  
**i** Free drop-in visual art program for children, youth, and adults. Health card is needed for registration

**9** **FRED VICTOR: OPEN HOUSE DROP-IN**  
145 QUEEN ST. E.  
0.85KM  
**DROP-IN HOURS**  
Mon to Fri: 12pm-4pm  
**FOOD**  
Coffee & Snacks: 12:00pm-4:00pm  
**HEALTHCARE**  
Wed: 9am-11am (By appointment)  
PHONE: 416-369-1199

**10** **SALVATION ARMY GATEWAY**  
107 JARVIS ST.  
1KM  
**DROP-IN HOURS**  
Mon, Wed, Thu, Fri, Sat & Sun: 1pm-7pm  
**FOOD**  
Dinner served during program hours  
**i** Service is for people aged 21+

**11** **SAINT JAMES CATHEDRAL**  
65 CHURCH ST.  
0.95KM  
**DROP-IN HOURS**  
Tue: 1:30pm-3:30pm  
**FOOD**  
Tue: 1:30pm-3:30pm  
**HEALTHCARE**  
Foot clinic: Tues 1:30pm-3:30pm  
Fri 9:30am-11:30am  
Nurse practitioner: Tue 1:30pm-3:30pm  
PHONE: 416-364-7865

**12** **TORONTO COUNCIL FIRE NATIVE CULTURAL CENTRE**  
439 DUNDAS ST. E.  
1.2KM  
**DROP-IN HOURS**  
(Gathering Place Adult Drop-in)  
Mon-Fri: 9:00am-5:00pm  
**FOOD**  
Breakfast daily at 9:00am except on Thursdays.  
Lunch daily at 12:00pm except Fridays, when it is at 1:00pm.  
Sat to Sun: 12:00pm  
PHONE: 416-360-4350  
**i** Health card not needed. Please call ahead in case of unexpected changes to service.

**13** **416 COMMUNITY SUPPORT FOR WOMEN**  
416 DUNDAS ST. E.  
1.1KM  
**DROP-IN HOURS**  
Mon to Fri: 8:30am-4:30pm  
Sat to Sun: 8:30am-2pm  
**FOOD (EVERYDAY)**  
Breakfast: 8:30am-10am  
Lunch: 12pm-1:30pm  
**HEALTHCARE**  
Clinic: Tue & Thu (call ahead)  
PHONE: 416-928-3334  
**i** Women only, Health card not needed, Not wheelchair accessible

**14** **THE 519**  
519 CHURCH ST.  
1.4KM  
**HOURS OF OPERATION**  
Mon to Fri: 8:30am-10pm  
Sat: 9am-5pm  
Sun: 10am-5pm  
**FOOD**  
Mon: Dinner 6pm-8pm (Trans only)  
**PHONE: 416-392-6874**  
**i** Services are for individuals who identify as LGBTQ2S+, Health card not needed

**15** **CRC (FORMERLY TORONTO CHRISTIAN RESOURCE CENTRE)**  
40 OAK ST.  
1.5KM  
**DROP-IN HOURS**  
Mon to Fri: 8am-3:00pm  
**FOOD**  
Breakfast Mon & Fri: 9am-10am  
Lunch Mon, Tue, Thu, Fri: 12pm-1pm, Sun: 11:30am-1pm  
Dinner Sat: 5pm-6:30pm  
**i** Health card not needed. Please call ahead in case of unexpected changes to service.

**16** **HAVEN TORONTO**  
170 JARVIS ST.  
0.6KM  
**DROP-IN HOURS**  
Everyday: 8am-5pm  
**FOOD**  
Breakfast: 8am  
Lunch: 12pm  
Dinner: 3pm  
Snack: 3:30pm  
**HEALTHCARE**  
SOCIAL WORKER MON TO FRI  
PHONE: 416-366-5377  
**i** Men 50+ Health card not needed

**17** **MARGARET'S TORONTO EAST DROP-IN CENTRE**  
323 DUNDAS ST. E.  
0.85KM  
**DROP-IN HOURS**  
Open 24/7 until April 2019  
After April 2019, Tue, Wed, Thu, Sat Sun 7am-12pm noon  
**FOOD**  
Breakfast: 7am-8:30am  
Snack: 9am-10am  
Lunch: 10:30am-12pm noon  
Dinner: 6:30pm  
**HEALTHCARE**  
Housing Help: Tues 9:30am-11:30am  
Nursing care: Wed 10am-12pm noon  
Crisis Intervention: Tue, Wed, Thu 9am-12pm noon (Through referral only)  
Mental Health & Justice: Tue, Thu, Sat 9am-12pm (Through referral only)  
PHONE: 647-367-2100

**18** **SANCTUARY MINISTRIES**  
25 CHARLES ST. E.  
1.7KM  
**AA GROUP**  
Mon: 12pm-1pm  
Fri: 12pm-1pm  
**FOOD**  
Tue: 10:30am-3pm  
Thu: 4:30pm-9pm  
**ART STUDIO**  
Mon: 1:30pm-4:30pm  
**WOMEN'S GROUP**  
Mon: 2pm-5pm (upstairs)  
**HEALTH CLINIC**  
Tues: 10:30am-2:30pm  
**i** Health card not needed; Call ahead of time in case of unexpected changes to this schedule.

**1** **CHURCH OF THE HOLY TRINITY**  
19 TRINITY SQUARE  
0.35KM  
Mon: 11:00am-3pm  
Tue-Fri: 11am-3pm  
Sun: 8am-1pm  
**FOOD (AS DONATIONS PERMIT)**  
Mon to Fri: 11am-3pm  
Sun: 8am-1pm  
Meals during drop-in hours  
**i** Youth 16-24 & their children

**2** **EVERGREEN CENTRE FOR STREET YOUTH: YONGE STREET MISSION**  
381 YONGE ST.  
0.35KM  
**HEALTHCARE**  
Mon to Fri: 12:30pm-4:30pm  
Nursery: 12:00pm-4:15pm  
Lunch: Daily 12pm-2pm  
\*From thanksgiving to Victoria Day

**3** **GOVERNMENT HOUSE TORONTO**  
20 GERRARD ST. E.  
0.45KM  
**HEALTHCARE**  
Mon to Fri: 8am-12pm & 1pm-3pm  
Thurs: 3:30pm-7pm  
PHONE: 416-204-7037  
**FOOD**  
Sun: 8am-1pm  
Mon to Fri: 11am-3pm  
**FOOD (AS DONATIONS PERMIT)**  
Mon to Fri: 11am-3pm  
Sun: 8am-1pm  
tea & coffee  
Sun: 8am light breakfast  
**i** Homeless memorial @ noon every second Tuesday of each month /lunch at 12:45pm.

**4** **GOOD SHEPHERD CENTRE**  
412 QUEEN ST. E.  
1.7KM  
**NEED TO KNOW NUMBERS**  
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TORONTO AREA: 416-864-5040  
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**ASSAULTED WOMEN'S HELPLINE**  
TOLL-FREE: 1-866-863-0511  
**DISTRESS CENTRES**  
PHONE: 416-408-HELP (4357)  
\*24-hour telephone support for emotional and suicide intervention/prevention  
**GERSTEIN CENTRE**  
PHONE: 416-929-5200  
\*24-hour, free, confidential, anonymous telephone counselling for youth

**5** **LAWYERS FEED THE HUNGRY**  
130 QUEEN ST. W.  
1KM  
**FOOD**  
Tue & Wed: 5pm  
Thu: 6:45am  
Sun: 10am  
PHONE: 416-947-3412

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67 ADELAIDE ST. E.  
0.85KM  
**HOURS OF OPERATION**  
Open 24/7  
**HEALTHCARE**  
Nurse: Mon to Thu 10am-3pm  
Street Health: Wed 5:30pm-7:30pm  
PHONE: 416-392-9243  
**FOOD**  
Breakfast: 9am  
Lunch: 12pm  
Dinner: 6pm  
**i** Women only, no children Health card not needed

**7** **ALL SAINTS' CHURCH COMMUNITY CENTRE**  
315 DUNDAS ST. E.  
0.85KM  
**DROP-IN HOURS**  
Mon Tue: 8am-3:45pm  
Wed: 10:30am-3:45pm  
Thu: 8am-3:45pm (1:30-3:30 women's group)  
Fri: 8am-11:30am (female sex workers only)  
**FOOD**  
Meals during drop in hours

**8** **ARTHEART COMMUNITY ART CENTRE**  
585 DUNDAS ST. E. STUDIO 210  
1.5KM  
**HOURS OF OPERATION**  
Mon: 10am-1pm (Adults age 55+)  
Wed: 5:30pm-8:30pm (Adult art drop-in program)  
Tue to Thu: 3:30pm-5pm (Children's art drop-in program)  
**FOOD**  
Snacks and drinks for those making art  
**i** Free drop-in visual art program for children, youth, and adults. Health card is needed for registration

**9** **FRED VICTOR: OPEN HOUSE DROP-IN**  
145 QUEEN ST. E.  
0.85KM  
**DROP-IN HOURS**  
Mon to Fri: 12pm-4pm  
**FOOD**  
Coffee & Snacks: 12:00pm-4:00pm  
**HEALTHCARE**  
Wed: 9am-11am (By appointment)  
PHONE: 416-369-1199

**10** **SALVATION ARMY GATEWAY**  
107 JARVIS ST.  
1KM  
**DROP-IN HOURS**  
Mon, Wed, Thu, Fri, Sat & Sun: 1pm-7pm  
**FOOD**  
Dinner served during program hours  
**i** Service is for people aged 21+

**11** **SAINT JAMES CATHEDRAL**  
65 CHURCH ST.  
0.95KM  
**DROP-IN HOURS**  
Tue: 1:30pm-3:30pm  
**FOOD**  
Tue: 1:30pm-3:30pm  
**HEALTHCARE**  
Foot clinic: Tues 1:30pm-3:30pm  
Fri 9:30am-11:30am  
Nurse practitioner: Tue 1:30pm-3:30pm  
PHONE: 416-364-7865

**12** **TORONTO COUNCIL FIRE NATIVE CULTURAL CENTRE**  
439 DUNDAS ST. E.  
1.2KM  
**DROP-IN HOURS**  
(Gathering Place Adult Drop-in)  
Mon-Fri: 9:00am-5:00pm  
**FOOD**  
Breakfast daily at 9:00am except on Thursdays.  
Lunch daily at 12:00pm except Fridays, when it is at 1:00pm.  
Sat to Sun: 12:00pm  
PHONE: 416-360-4350  
**i** Health card not needed. Please call ahead in case of unexpected changes to service.

**13** **416 COMMUNITY SUPPORT FOR WOMEN**  
416 DUNDAS ST. E.  
1.1KM  
**DROP-IN HOURS**  
Mon to Fri: 8:30am-4:30pm  
Sat to Sun: 8:30am-2pm  
**FOOD (EVERYDAY)**  
Breakfast: 8:30am-10am  
Lunch: 12pm-1:30pm  
**HEALTHCARE**  
Clinic: Tue & Thu (call ahead)  
PHONE: 416-928-3334  
**i** Women only, Health card not needed, Not wheelchair accessible

**14** **THE 519**  
519 CHURCH ST.  
1.4KM  
**HOURS OF OPERATION**  
Mon to Fri: 8:30am-10pm  
Sat: 9am-5pm  
Sun: 10am-5pm  
**FOOD**  
Mon: Dinner 6pm-8pm (Trans only)  
**PHONE: 416-392-6874**  
**i** Services are for individuals who identify as LGBTQ2S+, Health card not needed

**15** **CRC (FORMERLY TORONTO CHRISTIAN RESOURCE CENTRE)**  
40 OAK ST.  
1.5KM  
**DROP-IN HOURS**  
Mon to Fri: 8am-3:00pm  
**FOOD**  
Breakfast Mon & Fri: 9am-10am  
Lunch Mon, Tue, Thu, Fri: 12pm-1pm, Sun: 11:30am-1pm  
Dinner Sat: 5pm-6:30pm  
**i** Health card not needed. Please call ahead in case of unexpected changes to service.

**16** **HAVEN TORONTO**  
170 JARVIS ST.  
0.6KM  
**DROP-IN HOURS**  
Everyday: 8am-5pm  
**FOOD**  
Breakfast: 8am  
Lunch: 12pm  
Dinner: 3pm  
Snack: 3:30pm  
**HEALTHCARE**  
SOCIAL WORKER MON TO FRI  
PHONE: 416-366-5377  
**i** Men 50+ Health card not needed

**1** **CHURCH OF THE HOLY TRINITY**  
19 TRINITY SQUARE  
0.35KM  
Mon: 11:00am-3pm  
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Sun: 8am-1pm  
**FOOD (AS DONATIONS PERMIT)**  
Mon to Fri: 11am-3pm  
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Meals during drop-in hours  
**i** Youth 16-24 & their children

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381 YONGE ST.  
0.35KM  
**HEALTHCARE**  
Mon to Fri: 12:30pm-4:30pm  
Nursery: 12:00pm-4:15pm  
Lunch: Daily 12pm-2pm  
\*From thanksgiving to Victoria Day

**3** **GOVERNMENT HOUSE TORONTO**  
20 GERRARD ST. E.  
0.45KM  
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Mon to Fri: 8am-12pm & 1pm-3pm  
Thurs: 3:30pm-7pm  
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**FOOD**  
Sun: 8am-1pm  
Mon to Fri: 11am-3pm  
**FOOD (AS DONATIONS PERMIT)**  
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tea & coffee  
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**i** Homeless memorial @ noon every second Tuesday of each month /lunch at 12:45pm.

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130 QUEEN ST. W.  
1KM  
**FOOD**  
Tue & Wed: 5pm  
Thu: 6:45am  
Sun: 10am  
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**6** **ADELAIDE RESOURCE CENTRE FOR WOMEN**  
67 ADELAIDE ST. E.  
0.85KM  
**HOURS OF OPERATION**  
Open 24/7  
**HEALTHCARE**  
Nurse: Mon to Thu 10am-3pm  
Street Health: Wed 5:30pm-7:30pm  
PHONE: 416-392-9243  
**FOOD**  
Breakfast: 9am  
Lunch: 12pm  
Dinner: 6pm  
**i** Women only, no children Health card not needed

**7** **ALL SAINTS' CHURCH COMMUNITY CENTRE**  
315 DUNDAS ST. E.  
0.85KM  
**DROP-IN HOURS**  
Mon Tue: 8am-3:45pm  
Wed: 10:30am-3:45pm  
Thu: 8am-3:45pm (1:30-3:30 women's group)  
Fri: 8am-11:30am (female sex workers only)  
**FOOD**  
Meals during drop in hours

**8** **ARTHEART COMMUNITY ART CENTRE**  
585 DUNDAS ST. E. STUDIO 210  
1.5KM  
**HOURS OF OPERATION**  
Mon: 10am-1pm (Adults age 55+)  
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**FOOD**  
Snacks and drinks for those making art  
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**9** **FRED VICTOR: OPEN HOUSE DROP-IN**  
145 QUEEN ST. E.  
0.85KM  
**DROP-IN HOURS**  
Mon to Fri: 12pm-4pm  
**FOOD**  
Coffee & Snacks: 12:00pm-4:00pm  
**HEALTHCARE**  
Wed: 9am-11am (By appointment)  
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**10** **SALVATION ARMY GATEWAY**  
107 JARVIS ST.  
1KM  
**DROP-IN HOURS**  
Mon, Wed, Thu, Fri, Sat & Sun: 1pm-7pm  
**FOOD**  
Dinner served during program hours  
**i** Service is for people aged 21+

**11** **SAINT JAMES CATHEDRAL**  
65 CHURCH ST.  
0.95KM  
**DROP-IN HOURS**  
Tue: 1:30pm-3:30pm  
**FOOD**  
Tue: 1:30pm-3:30pm  
**HEALTHCARE**  
Foot clinic: Tues 1:30pm-3:30pm  
Fri 9:30am-11:30am  
Nurse practitioner: Tue 1:30pm-3:30pm  
PHONE: 416-364-7865

**12** **TORONTO COUNCIL FIRE NATIVE CULTURAL CENTRE**  
439 DUNDAS ST. E.  
1.2KM  
**DROP-IN HOURS**  
(Gathering Place Adult Drop-in)  
Mon-Fri: 9:00am-5:00pm  
**FOOD**  
Breakfast daily at 9:00am except on Thursdays.  
Lunch daily at 12:00pm except Fridays, when it is at 1:00pm.  
Sat to Sun: 12:00pm  
PHONE: 416-360-4350  
**i** Health card not needed. Please call ahead in case of unexpected changes to service.

**13** **416 COMMUNITY SUPPORT FOR WOMEN**  
416 DUNDAS ST. E.  
1.1KM  
**DROP-IN HOURS**  
Mon to Fri: 8:30am-4:30pm  
Sat to Sun: 8:30am-2pm  
**FOOD (EVERYDAY)**  
Breakfast: 8:30am-10am  
Lunch: 12pm-1:30pm  
**HEALTHCARE**  
Clinic: Tue & Thu (call ahead)  
PHONE: 416-928-3334  
**i** Women only, Health card not needed, Not wheelchair accessible

**14** **THE 519**  
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1.4KM  
**HOURS OF OPERATION**  
Mon to Fri: 8:30am-10pm  
Sat: 9am-5pm  
Sun: 10am-5pm  
**FOOD**  
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**PHONE: 416-392-6874**  
**i** Services are for individuals who identify as LGBTQ2S+, Health card not needed

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40 OAK ST.  
1.5KM  
**DROP-IN HOURS**  
Mon to Fri: 8am-3:00pm  
**FOOD**  
Breakfast Mon & Fri: 9am-10am  
Lunch Mon, Tue, Thu, Fri: 12pm-1pm, Sun: 11:30am-1pm  
Dinner Sat: 5pm-6:30pm  
**i** Health card not needed. Please call ahead in case of unexpected changes to service.

**16** **HAVEN TORONTO**  
170 JARVIS ST.  
0.6KM  
**DROP-IN HOURS**  
Everyday: 8am-5pm  
**FOOD**  
Breakfast: 8am  
Lunch: 12pm  
Dinner: 3pm  
Snack: 3:30pm  
**HEALTHCARE**  
SOCIAL WORKER MON TO FRI  
PHONE: 416-366-5377  
**i** Men 50+ Health card not needed

**1** **CHURCH OF THE HOLY TRINITY**  
19 TRINITY SQUARE  
0.35KM  
Mon: 11:00am-3pm  
Tue-Fri: 11am-3pm  
Sun: 8am-1pm  
**FOOD (AS DONATIONS PERMIT)**  
Mon to Fri: 11am-3pm  
Sun: 8am-1pm  
Meals during drop-in hours  
**i** Youth 16-24 & their children

**2** **EVERGREEN CENTRE FOR STREET YOUTH: YONGE STREET MISSION**  
381 YONGE ST.  
0.35KM  
**HEALTHCARE**  
Mon to Fri: 12:30pm-4:30pm  
Nursery: 12:00pm-4:15pm  
Lunch: Daily 12pm-2pm  
\*From thanksgiving to Victoria Day

**3** **GOVERNMENT HOUSE TORONTO**  
20 GERRARD ST. E.  
0.45KM  
**HEALTHCARE**  
Mon to Fri: 8am-12pm & 1pm-3pm  
Thurs: 3:30pm-7pm  
PHONE: 416-204-7037  
**FOOD**  
Sun: 8am-1pm  
Mon to Fri: 11am-3pm  
**FOOD (AS DONATIONS PERMIT)**  
Mon to Fri: 11am-3pm  
Sun: 8am-1pm  
tea & coffee  
Sun: 8am light breakfast  
**i** Homeless memorial @ noon every second Tuesday of each month /lunch at 12:45pm.

**4** **GOOD SHEPHERD CENTRE**  
412 QUEEN ST. E.  
1.7KM  
**NEED TO KNOW NUMBERS**  
CENTRA: 1-866-866-9513  
TORONTO AREA: 416-864-5040  
POLICE, FIRE, MEDICAL: 911  
NON-EMERGENCY: 416-808-2222  
**ASSAULTED WOMEN'S HELPLINE**  
TOLL-FREE: 1-866-863-0511  
**DISTRESS CENTRES**  
PHONE: 416-408-HELP (4357)  
\*24-hour telephone support for emotional and suicide intervention/prevention  
**GERSTEIN CENTRE**  
PHONE: 416-929-5200  
\*24-hour, free, confidential, anonymous telephone counselling for youth

**5** **LAWYERS FEED THE HUNGRY**  
130 QUEEN ST. W.  
1KM  
**FOOD**  
Tue & Wed: 5pm  
Thu: 6:45am  
Sun: 10am  
PHONE: 416-947-3412

**6** **ADELAIDE RESOURCE CENTRE FOR WOMEN**  
67 ADELAIDE ST. E.  
0.85KM  
**HOURS OF OPERATION**  
Open 24/7  
**HEALTHCARE**  
Nurse: Mon to Thu 10am-3pm  
Street Health: Wed 5:30pm-7:30pm  
PHONE: 416-392-9243  
**FOOD**  
Breakfast: 9am  
Lunch: 12pm  
Dinner: 6pm  
**i** Women only, no children Health card not needed

**7** **ALL SAINTS' CHURCH COMMUNITY CENTRE**  
315 DUNDAS ST. E.  
0.85KM  
**DROP-IN HOURS**  
Mon Tue: 8am-3:45pm  
Wed: 10:30am-3:45pm  
Thu: 8am-3:45pm (1:30-3:30 women's group)  
Fri: 8am-11:30am (female sex workers only)  
**FOOD**  
Meals during drop in hours

**8** **ARTHEART COMMUNITY ART CENTRE**  
585 DUNDAS ST. E. STUDIO 210  
1.5KM  
**HOURS OF OPERATION**  
Mon: 10am-1pm (Adults age 55+)  
Wed: 5:30pm-8:30pm (Adult art drop-in program)  
Tue to Thu: 3:30pm-5pm (Children's art drop-in program)  
**FOOD**  
Snacks and drinks for those making art  
**i** Free drop-in visual art program for children, youth, and adults. Health card is needed for registration

**9** **FRED VICTOR: OPEN HOUSE DROP-IN**  
145 QUEEN ST. E.  
0.85KM  
**DROP-IN HOURS**  
Mon to Fri: 12pm-4pm  
**FOOD**  
Coffee & Snacks: 12:00pm-4:00pm  
**HEALTHCARE**  
Wed: 9am-11am (By appointment)  
PHONE: 416-369-1199

**10** **SALVATION ARMY GATEWAY**  
107 JARVIS ST.  
1KM  
**DROP-IN HOURS**  
Mon, Wed, Thu, Fri, Sat & Sun: 1pm-7pm  
**FOOD**  
Dinner served during program hours  
**i** Service is for people aged 21+

**11** **SAINT JAMES CATHEDRAL**  
65 CHURCH ST.  
0.95KM  
**DROP-IN HOURS**  
Tue: 1:30pm-3:30pm  
**FOOD**  
Tue: 1:30pm-3:30pm  
**HEALTHCARE**  
Foot clinic: Tues 1:30pm-3:30pm  
Fri 9:30am-11:30am  
Nurse practitioner: Tue 1:30pm-3:30pm  
PHONE: 416-364-7865

**12** **TORONTO COUNCIL FIRE NATIVE CULTURAL CENTRE**  
439 DUNDAS ST. E.  
1.2KM  
**DROP-IN HOURS**  
(Gathering Place Adult Drop-in)  
Mon-Fri: 9:00am-5:00pm  
**FOOD**  
Breakfast daily at 9:00am except on Thursdays.  
Lunch daily at 12:00pm except Fridays